

# Wired Differently & Zest

- Niche Therapy and Coaching for neurodivergent people (£95 per 60 minutes)
- Webinars all at £565 + VAT in these subjects:
- Neurodiversity Awareness, DEI Awareness, Alcohol Awareness, Domestic Abuse Awareness (all tailored for the workplace)
- 12-week Domestic Abuse Survivors course 'Own My Life' (for heterosexual females) £250 pp.

\* For people identifying as LGBTQIPA or who are male or non-binary; and for other family related abuse, we can signpost to specialist organisations

## Topics we cover in our specialist 1-2-1 Support for Neurodivergent professionals

Addiction  
Brainspotting  
Career change  
Children  
Childhood Sexual Abuse survivors  
Complex Trauma  
Domestic Abuse of all kinds (including son to mother)  
Employment related issues  
General neurodiversity therapy and coaching  
Interviews  
LGBTQIPA focused therapy  
Onboarding  
Personality Disorders  
Redundancy  
Trauma  
Young Persons therapy

