

The leading menopause health & wellbeing platform for employers

working with the **NHS**



Transforming the menopause experience for women & the workplace

Within 90 days of introducing Adora ...

85%

of women had improved their knowledge of menopause.

77%

were aware of what stage of menopause they were at

were more in control were more in cond of their symptoms.



"I feel part of a workplace community where I am supported"

"I am no longer thinking of leaving"

"It's made the workplace feel more inclusive & more pro-older women."

Easy to implement digital solution - with a proven communication & engagement programme managed by us!

Personalised Al Companion App > simplify the menopause > provide expert help, resources & support > help women get back on track







& community > live online events > Workplace Champion programme > ensure women never

feel alone

Social support

Direct access to online gynaecologists, blood tests & HRT prescriptions (no waiting lists!)